




Plastic Free July – 2020

Sierra Club Michigan Chapter | Green Living Science | National Council of Jewish Women’s Green Team | EcoHV | Plastic Free Curriculum

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Environmental Justice + Racial Equity Part Two: Public Health (Plastics)</p>	<p>Plastic Free EcoChallenge</p> <p>July 1- 30 Join Aquariums & Zoos https://plasticfree.ecochallenge.org/</p>	<p>Watch The Story of Plastic</p>	<p>1 Watch The Story of Plastic</p> <p>4 pm: "The Story of Plastic" Community Discussion</p>	<p>2 Plastic audit</p> <p>Conduct a plastic audit to see how much plastic you use and where you can eliminate it.</p>	<p>3 Say no to glow sticks</p> <p>Glow sticks are hazardous waste; please dispose of accordingly or choose a reusable option.</p>	<p>4 Plastic free picnic</p> <p>Host a plastic free picnic – use reusable or alternative items.</p>
<p>5 Tell a friend</p> <p>About Plastic Free July and why it's important to you.</p> 	<p>6 Great Lakes Plastic</p> <p>22 million pounds of plastics enter the Great Lakes every year! LEARN MORE</p>	<p>7 Explore Terracycle</p> <p>Recycle tooth brushes, plastic gloves, etc. Visit Terracycle to learn about their programs.</p>	<p>8 Plastic Free Pledge</p> <p>Take the pledge - help protect our Great Lakes, 20% of the world's fresh surface water and our \$23B Blue Economy.</p>	<p>9 Accountability</p> <ol style="list-style-type: none"> Find plastic litter Take a pic Post pic with #IsThisYours Tag the brand 	<p>10 Plastic clean up</p> <p>Help keep our parks and waterways beautiful!</p> <p>Belle Isle: BYO Bucket Clean up day</p>	<p>11</p> 
<p>12Voices 4 Earth Justice</p> <p>6:30 Zoom dinner party: Zero Waste Detroit</p>	<p>13 Refuse</p> <p>Plastic straws, utensils!!! At this rate, there will be more plastic in the ocean than fish by 2050!</p>	<p>14 Balloon debris</p> <p>Kills Wildlife & Pollutes! Balloons Blow... Don't Let Them Go! www.balloonsblow.org</p>	<p>15 Sign our petition</p> <p>Help REDUCE PLASTIC POLLUTION in Michigan http://chnge.it/TLk9pVtrLF</p>	<p>16 Join an eco group</p> <p>3p Green Task Force</p> <p>Green Living Science Sierra Club EcoHV</p>	<p>17 Reduce plastic bottles</p> <p>Humans use ~ 1M plastic bottles/min. Skip bottles of hand soap, body wash & shampoo. Try bar soap!</p>	<p>18 Check out our Green Grocery shopping guide!</p> <p>9:30 am – Belle Isle Market</p>
<p>19 Choose natural fibers</p> <p>35% of plastic in the oceans comes from washing synthetic fabric. Choose natural fibers: cotton & wool vs. synthetics (nylon, polyester, & acrylic).</p>	<p>20 Skip Styrofoam</p> <p>Bring a reusable mug when allowed and your own containers for carryout when dining in. Leahy Stop Styrofoam Drive Leahy Mtg 3PM</p>	<p>21 Microplastics</p> <p>Learn more about microplastics. Up Green Task Force Water Subcommittee WSU- Microplastics research update</p>	<p>22 Talk to your legislator</p> <p>Up State Unity Day HB4500 "Ban the Ban" HB3506 Expand Plastic Bottle Return</p>	<p>23 Recycle right!</p> <p>One bad apple can spoil the whole bunch. Know what your provider accepts (and more importantly what they do not!).</p> 	<p>24 Plastic packaging</p> <p>40% of plastic waste is packaging – used just once then discarded. Be mindful of the packaging when selecting products.</p>	<p>25 Movie night!</p> <p>Watch 'A Plastic Ocean' (available on Netflix and Prime Video).</p>
<p>26 Bring your own bag</p> <p>It is estimated that 4 trillion plastic bags are used worldwide annually. Only 1% of plastic bags are returned for recycling.</p>	<p>27 Green lunches</p> <p>Plastic waste is choking our planet!!! Use beeswax wraps or reusable bags in place of plastic wrap and sandwich bags.</p>	<p>28 Upcycle Challenge</p> <p>Before you toss that old plastic item, up-cycle it into something new you can use. Click here for inspiration.</p>	<p>29 Learn about Green Initiatives in your town</p> <p>Brighton Grand Rapids Kalamazoo County Oakland County Wayne County</p>	<p>30 Break Free From Plastic Act!</p> <p>Support federal action to end Single-use Plastic pollution!! Learn more</p>	<p>31 Keep it going</p> <p>Keep these plastic free initiatives going as together, we CAN make a difference!!!!</p>	

